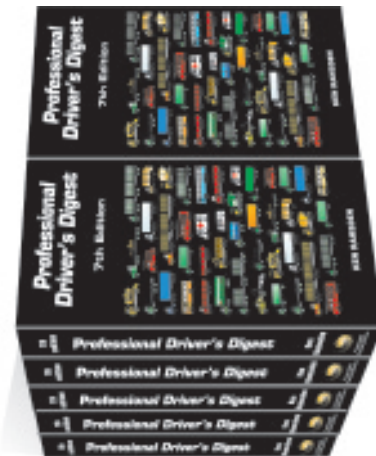


# Professional Drivers' Digest

## 7th Edition (2009)

Prepare for AARTO - Equip all your drivers with a copy

312 pages packed with need-to-know information and explanatory diagrams



### Available in packs of ten books

This popular and authoritative guide contains everything the professional driver needs to know to do his job professionally and legally. Professional drivers are an increasingly scarce asset as the pool of experienced drivers in southern Africa decreases with the AIDS assault. This book helps solve this problem by providing a comprehensive and essential mass of information for the new driver and a practical single-source reference for experienced drivers. Written in an easy-to-read straightforward style and generously accompanied by explanatory diagrams, it delivers not only the technical content drivers need to know but also teaches the procedures that, with practice,

makes skilled professional and profitable drivers. Drivers are placed in the unique position of being entrusted with expensive equipment and cargo and are often the company's main face-to-face contact with customers. Invest in the professionalism of your drivers and watch the bottom line grow.

### SUMMARY OF CONTENTS

#### Chapter 1 — You, the driver

What the law expects, Police powers and your rights, Duties and responsibilities, Driving licences and PrDPs, Heavy motor vehicle test, Personal safety, Health, etc, etc.

#### Chapter 2 — Your vehicle

Vehicle markings (including number plates, licence/operator discs, data plates, chevrons, reflective striping etc), Trailers (including hitching and unhitching), Brakes, Air brakes, Air lines, Anti-lock brakes, Retarders, Steering, Lubricant, Tachographs, Tyres, Wheel flaps, Windscreen and windows, Mirrors, Battery, Lighting requirements, Direction indicators, Horns, Noise, Smoke and exhaust, Fuel tank, Rear underrun bumper, Daily vehicle check, etc, etc.

#### Chapter 3 — Your load

Driver's responsibility, Loading regulations (including weight limits, dimensions and marking), Passengers on a goods vehicle, Packaging

symbols, Loading cargo, Cargo securement, Cargo security, Transportation of — Heavy machinery, Building sand and aggregates, Cargo containers, Sacks, Live animals, Foodstuff, Liquid bulk, Dangerous goods (including explanation of the hazard classes and warning diamonds, placarding and documentation requirements, mixed loads and load compatibility chart), etc, etc.

#### Chapter 4 — Your Driving

What is a public road?, Safety and professional courtesy, Speed limits (including traps and use of tachograph evidence), Braking, Following distance, Parking, loading and unloading (legal restrictions and correct procedures) Docking, Reversing, Cornering, Junctions, Vehicle clearance, Road traffic signs, Freeway driving (including lane discipline and yellow line rule, Driving in bad weather, etc), Overtaking, Driving economy, Correct use of gears, Mobile communication, etc, etc.

#### Chapter 5 — Emergencies

Breakdowns and getting out of difficulty, Emergency warning triangles, Breakdown hints, Towing, Vehicle fire, Cargo fire, Fire extinguishers Causes of shedding a load, Road accidents (what you MUST do and what you should do to get the facts, Precautions to take at the scene) First aid, Getting help, Runaway trucks

and arrester beds, What causes a skid and what happens, How a jack-knife occurs, Blow-outs, Hijacking and theft, etc, etc.

#### Chapter 6 — Driver's directory

Trade associations and professional bodies, Tyre load index table, Distance tables, Toll road locations, Weighbridge locations, Offences and penalties, Strip routes, etc, etc..

### AARTO AND YOUR DRIVERS

Employers are going to be heavily penalised as result of infringements committed by drivers. It is suggested that employers take steps now to ensure that drivers are properly prepared and are made aware of their responsibilities. Employers will not find it that easy to get rid of drivers who have lost their licences as a result of AARTO if they cannot show that they fulfilled their duty under the Road Traffic Act to exercise proper control over drivers.



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